Jasmine
Café & Bakery By Babtooma

ALLERGEN & INGREDIENT LIST

Dear Customer, while we take care to avoid cross-contamination, our food is prepared in a kitchen that handles **nuts, sesame, gluten, milk, eggs, soya, celery** and other allergens.

Therefore, we cannot guarantee that any item is completely free from allergens, and customers with allergies consume our products at their own risk.

Kitchen notes: All pastries are brushed with egg and milk before baking. All pastry dough contains wheat (gluten), egg and milk. All sandwiches are served in chapati bread; chapati bread contains wheat (gluten) and milk and may contain celery and fish.

1. PASTRIES

All pastries contain wheat (gluten), egg and milk. All pastries may contain nuts.

Product	Ingredients	Declared Allergens	Notes
Mixed Cheese Pastry	Mozzarella, cheddar, feta, parsley, sesame, nigella seeds, wheat flour, milk	**Milk, Gluten (Wheat), Sesame**	May contain: Nuts
Arabic Pizza (Cheese & Olive)	Mozzarella, olives, onion, tomato sauce, oregano, wheat flour, milk	**Milk, Gluten (Wheat), Sesame**	May contain: Nuts
Spinach Pastry	Spinach, onion, lemon, sumac, pomegranate, wheat flour, milk	**Milk, Gluten (Wheat), Sesame**	May contain: Nuts
Za'atar Pastry	Thyme, sesame, olive oil, wheat flour, milk	**Milk, Gluten (Wheat), Sesame**	May contain: Nuts
Cheese & Za'atar Pastry	Thyme, sesame, olive oil, cheese, wheat flour, milk	**Milk, Gluten (Wheat), Sesame**	May contain: Nuts
Sesame Roll Pastry	Mozzarella, cheddar, feta, parsley, sesame, nigella seeds, wheat flour, milk	**Milk, Gluten (Wheat), Sesame**	May contain: Nuts
Hot Dog & Cheese Pastry	Turkey hot dog sausage, cheese, sesame, wheat flour, milk, soya	**Milk, Gluten (Wheat), Sesame, Soya**	May contain: Nuts
Cajun Chicken Pastry	Chicken, Cajun spices, peppers, garlic, cream, wheat flour, milk	**Milk, Gluten (Wheat),**	May contain: Sesame, Nuts
Chicken Musakhan Pastry	Chicken, onion, sumac, olive oil, wheat flour, milk	**Milk, Gluten (Wheat), Sesame**	May contain: Nuts
Falafel Pastry	Chickpeas, oil, sumac, tahini sauce (sesame, yogurt, lemon, garlic), wheat flour, milk	**Milk, Gluten (Wheat), Sesame**	May contain: Nuts
Bulgur Kibbeh	Bulgur wheat, beef, oil, nuts, wheat flour, milk	**Milk, Gluten (Wheat), Nuts**	May contain: Nuts
Potato Kibbeh	Wheat, beef, milk, mustard, oil	**Milk, Gluten (Wheat), Mustard**	May contain: Nuts
Boursin Pastry	Wheat, nuts, sesame, soya, milk	**Milk, Gluten (Wheat), Nuts, Sesame, Soya**	May contain: Nuts

2. QUICHE

Product	Ingredients	Declared Allergens	Notes
Mushroom Quiche	Pie with cheddar, cream, eggs and mushroom.	**Egg, Milk, Wheat**	-
Roast Mediterranean Veg Quiche	Pie with roasted Mediterranean vegetables, cheddar cheese, cream and eggs.	**Egg, Milk, Wheat**	-
Broccoli Quiche	Pie with stilton cheese, cream, eggs and broccoli.	**Egg, Milk, Wheat**	-

3. SANDWICHES / WRAPS

All served in chapati bread. Chapati bread contains wheat (gluten) and milk and may contain celery and fish.

Product	Ingredients	Declared Allergens	Notes
Butter Chicken Sandwich	Chicken, butter chicken sauce (tomato, cream, butter, spices, onion, garlic, ginger), onion, cumin, lettuce, chapati bread (wheat, gluten, milk - may contain celery, fish)	**Milk, Gluten, Egg**	May contain: Sesame, Nuts, Celery, Fish
Maqdous Sandwich	Eggplant, walnuts, feta, paprika, lettuce, chapati bread (wheat, gluten, milk - may contain celery, fish)	**Nuts (Walnuts), Milk, Gluten, Egg**	May contain: Celery, Fish
Halloumi Sandwich	Halloumi, lettuce, sun-dried tomato, chapati bread (wheat, gluten, milk - may contain celery, fish)	**Milk, Gluten, Egg**	May contain: Celery, Fish
Cheese & Crisps Chapati	Cheese, crisps, chapati bread (wheat, gluten, milk - may contain celery, fish)	**Milk, Gluten, Egg**	May contain: Celery, Fish, Nuts, Soya, Mustard
Nutella Chapati	Nutella (hazelnuts, cocoa, milk, soya), chapati bread (wheat, gluten, milk - may contain celery, fish)	**Gluten, Milk, Soya, Nuts (Hazelnuts)**	May contain: Other Nuts, Sesame, Celery, Fish
Plain Chapati	Whole Wheat Flour, Water, Salt, Vegetable Oil.	**Wheat (Gluten)**	-

4. CUPS

Product	Ingredients	Declared Allergens	Notes
Yalanji Fetteh Cup	Rice, vine leaves, yogurt, garlic, lemon, tahini (sesame), onion, tomato, parsley, spices, pomegranate, olive oil, fried bread	**Milk, Sesame, Gluten**	Optional: bread removable for gluten-free
Bowl of Comfort Soup	Lentils, Carrot, Onions, Rice, Spices.	**Milk, Wheat (Gluten)**	-

5. DESSERTS

Shared kitchen handling applies to all dessert items.

Product	Ingredients	Declared Allergens	Notes
Vegan Chocolate Brownie (GF)	Dark chocolate, coconut oil, rapeseed oil, soya	**Soya**	May contain: Nuts
Vegan Cheesecake	Coconut milk, cocoa, wheat flour, soya	**Gluten, Soya**	-
Jasmine Cheesecake	Milk, wheat, soya, buttermilk, eggs, biscuits, berries	**Milk, Gluten, Egg, Soya**	May contain: Nuts

Product	Ingredients	Declared Allergens	Notes
Cinnamon Cheesecake	Biscuit, vanilla, caramel, cream cheese	**Milk, Gluten, Egg**	May contain: Nuts
Cappuccino Cake	Semolina, milk, sugar, eggs, coconut, pistachios	**Wheat, Egg, Milk, Gluten**	May contain: Almonds, Hazelnut, Pecan Nut, Pistachio and Walnut
Apple Tart	Apple, Wheat Flour, Margarine, Sugar, Rice Flour, Egg, Starch, Spices.	**Wheat, Egg**	May contain: Gluten, Egg, Wheat
Kunafa	Vermicelli (wheat), cheese, pistachios, syrup	**Gluten, Milk, Nuts, Egg**	May contain: Sesame, Soya, Lupin
Pear Tart	Pears, Wheat Flour, Butter, Sugar, Eggs, Milk, Almond Flour, Vanilla Extract, Apricot Jam.	**Wheat Flour, Eggs, Milk, Almonds,**	May contain: Almonds, Gluten, Egg, Milk and Wheat
Carrot and Orange Cake	Cake with carrot, orange, walnuts, pistachios and sultanas.	**Wheat, Soya, Walnuts, Pistachios**	May contain: Almonds, Barley, Brazil Nut, Cashew Nut, Egg, Hazelnut, Macadamia/ Queensland Nut, Milk, Oats, Peanuts, Pecan Nut, Rye, Sesame, Sulphites

6. BREAKFAST

Product	Ingredients	Declared Allergens	Notes
Arabic Shakshooka	Eggs, tomato, onions, special blend of herbs, Arabic cheese, mint, chapati	**Egg, Milk, Gluten (Wheat)**	May contain: Nuts
English Breakfast	Eggs, sausages, baked beans, toast, hash brown	**Egg, Gluten (Wheat)**	May contain: Nuts

Final note: All allergen information is provided to the best of our knowledge. Due to the shared kitchen environment, cross-contamination may occur.